# Leavitt Partners' TBI Workshop on the "3-hour rule"

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# Traumatic Brain Injury Workshop: The Three Hour Rule

December 4, 2024 10:00am – 3:00pm ET



### What is the three-hour rule?

- Medicare requires that for an in-patient rehabilitation claim to be considered reasonable and necessary, the patient must *actively participate in rehabilitation therapy three hours a day, five days a week*<sup>1</sup>
  - This is known as the "three-hour rule"
- The rule is:
  - Not based in clinical evidence
  - Used by most payors, including Medicare
  - Inhibits patients with severe TBI from accessing the level of rehabilitative care that they need





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### What is the three-hour rule workshop?

- This workshop is informed by recommendations in the National Academies' report "Traumatic Brain Injury: A Roadmap for Accelerating Progress"
- The workshop will:
  - Discuss how the three-hour rule prevents patients from accessing essential rehabilitative care,
  - Identify the short- and long-term clinical implications of the rule on patients, and
  - Formulate alternative policy options that would overcome those challenges, based on evidence presented.
- Outcome:
  - Consensus on the design of a reasonable in-patient rehabilitation facility standard that would better meet the unique and variable needs of severe TBI patients

### For more information:

#### **TBI Forum Registration:**



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https://hma.connect.space/traumatic-brain-injury-workshop/details

## **Deliverables**

- White Paper
- TBI Stakeholder Consortium
- TBI Stakeholder Convening