

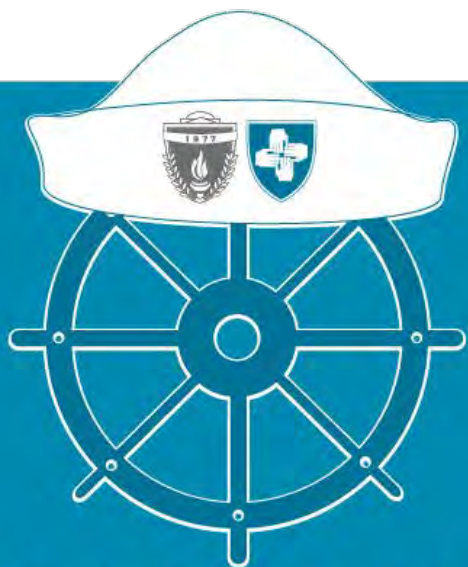


What is S-IHP's CAP?

S-IHP's CAP is a 6-week intensive comprehensive program for people with aphasia.

This innovative, interprofessional program follows the Life Participation Approach to Aphasia (LPAA).

Participants target their goals in personalized activity-focused interventions.

S-IHP's CAP
*Spaulding-IHP's
 Comprehensive Aphasia
 Program*

Offered as a joint program of



Annual Brochure

September - October

Tuesdays - Fridays

9:00 AM - 4:00 PM

Located in the Charlestown Navy Yard
 Boston, MA, 02129

How do I Apply?



1. Apply Online

<https://tinyurl.com/SHIPSCAPinquiry>

2. Interview on Zoom

We will contact you to schedule an interview.

Space is limited. Apply today!

What is the Cost?

Total Cost: \$3,000

Insurance is not accepted.

Need financial support?

A limited number scholarships are available to support those in need.

Ask us about our scholarship program!

Questions?

Email SHIPSCAP@partners.org

We are here to answer your questions.



Program Activities

8 hours of activities are offered each day with short breaks between including:

- 1-on-1, paired, and group therapy
- Adaptive Sports through Spaulding Adaptive Sports & Recovery Center
- Neurologic Music Therapy
- Wellness Programming (and more...)

Sample Therapy Schedule

TIME	MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 -9:00	No Activities	Arrive at IHP	Arrive at IHP	Arrive at IHP	Arrive at IHP
9:00-10:00		Individual Speech Therapy	Individual Speech Therapy	Individual Speech Therapy	Individual Speech Therapy
10:00-11:00		Individual Speech Therapy	Speech Therapy Small Group	Individual Speech Therapy	Individual Speech Therapy
11:00-12:00		Occupational Therapy Group	Occupational Therapy Group	Physical Therapy Group	Occupational Therapy Group and LUNCH 11:00-1:00
12:00-1:00		Travel to SRH 12:00-12:30	Travel to SRH 12:00-12:30	Travel to SRH 12:00-12:30	
1:00-2:00		Social Lunch 12:30-1:30	Social Lunch 12:30-1:30	Social Lunch 12:30-1:30	Wellness 1:00-2:00
2:00-2:30		Adaptive Sports 1:30-3:00	Wellness 1:30-2:30	Adaptive Sports 1:30-3:00	Travel to SRH
2:30-3:00			Speech Therapy Large Group 2:30-4:00		Speech Therapy Large Group 2:30-4:00
3:00-4:00		Transition Time		Transition Time	
		Music Therapy 3:30-4:00		Music Therapy 3:30-4:30	
4:00-5:00		End at 4:00	Swim Group 4:00-5:00	End at 4:30	End at 4:00

Activities are led by an **interprofessional** team of graduate students and faculty from the MGH Institute and clinicians from Spaulding Rehabilitation Hospital



Program Location

S-IHP's CAP is located in the Charlestown Navy Yard, Boston, MA.

Morning activities occur at the MGH Institute Sanders IMPACT Practice Center.

Afternoon activities occur at Spaulding Rehabilitation Hospital.



Transportation is provided for travel between program facilities.

Who is Eligible?

Adults ages 18 or older who:

- Are English speaking
- Have been living with aphasia for at least 6 months
- Are not receiving other therapies
- Are comfortable with group activities
- Can provide their own transportation to and from the program
- Can manage personal care and medications independently or with help from their support person

Covid-19 Safety Information

S-IHP's CAP follows Mass General Brigham policies for respiratory virus mitigation, including the use of targeted masking as needed.