**What is the cost?**
The cost of the program is $3,000. This covers all individual and group sessions for the 5-week program and does not include lunch. Please note this is a self-pay program and will not go through your insurance.

**Is parking available?**
Free validated parking is available in the parking lot between One Constitution Wharf (1CW) and Two Constitution Wharf (2CW).

For more information: [www.mghihp.edu/parking-institute](http://www.mghihp.edu/parking-institute)

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**Sample Treatment Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00</td>
<td>Arrive at MGH IHP</td>
<td>Arrive at MGH IHP</td>
<td>Arrive at MGH IHP</td>
<td>Arrive at MGH IHP</td>
<td></td>
</tr>
<tr>
<td>9:00-10:00</td>
<td>Occupational Therapy</td>
<td>Occupational Therapy</td>
<td>Occupational Therapy</td>
<td>Occupational Therapy</td>
<td></td>
</tr>
<tr>
<td>10:00-11:00</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td></td>
</tr>
<tr>
<td>11:00-12:00</td>
<td>Lunch at PLL</td>
<td>Lunch at PLL</td>
<td>Lunch at PLL</td>
<td>Lunch at PLL</td>
<td></td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>SOCIAL LUNCH</td>
<td>SOCIAL LUNCH</td>
<td>SOCIAL LUNCH</td>
<td>SOCIAL LUNCH</td>
<td></td>
</tr>
<tr>
<td>1:00-2:00</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td>Travel to Spaulding</td>
<td></td>
</tr>
<tr>
<td>2:00-3:00</td>
<td>Adaptive Sports 1:00-3:00</td>
<td>Adaptive Sports 1:00-3:00</td>
<td>Adaptive Sports 1:00-3:00</td>
<td>Adaptive Sports 1:00-3:00</td>
<td></td>
</tr>
<tr>
<td>3:00-4:00</td>
<td>Autistic Group 3:00-4:00</td>
<td>Autistic Group 3:00-4:00</td>
<td>Autistic Group 3:00-4:00</td>
<td>Autistic Group 3:00-4:00</td>
<td></td>
</tr>
<tr>
<td>4:00-5:00</td>
<td>End at 4:00</td>
<td>End at 4:00</td>
<td>End at 4:00</td>
<td>End at 4:00</td>
<td></td>
</tr>
</tbody>
</table>

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**How do I apply?**
Applications will be accepted on a rolling basis. They will be reviewed to determine appropriateness of each individual for the program. Invitations will be on a first-come, first-serve basis in response to the invitation. Please contact us below for more information.

Rachel Pittmann, at MGH IHP  
617.312.5857 or rpittmann@mghihp.edu

Rita Patel, at SRH  
617.952.6149 or rpatel45@partners.org

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**Offered as a joint program of**

**S-IHP’s CAP**

*Spaulding-IHP’s Comprehensive Aphasia Program*

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**Our Partners:**

- Spaulding Stroke Recovery and Research Institute
- Charles A. & Ann Sanders Impact Practice Center at MGH IHP
- Faculty and students from the departments of Communication Sciences and Disorders, Occupational Therapy, and Physician Assistants at MGH IHP
- Clinicians from the departments of Speech-Language Pathology, Music Therapy, Wellness, Aquatics and Spaulding Adaptive Sports Centers

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**Located in the Charlestown Navy Yard, Boston MA.**
S-IHP’s CAP is a 5-week intensive comprehensive program for people with aphasia. The program will be held from September 5th—October 11th, Tuesdays through Fridays, 9am-4pm (5pm on Tuesdays). Space is limited.

Programming includes:
- Individual, paired, and group aphasia communication treatment
- Activity-focused interventions
- Socialization opportunities
- Spaulding Adaptive Sports Centers Programming on Boston Harbor
- Mindfulness Program
- Music Therapy
- Weekly swim group at SRH pool
- Final Presentation Event

Program Outcomes:
While participant outcomes vary, the majority of clients have demonstrated notable improvements in the following areas:
- Standardized language scores
- Communication confidence ratings

Additionally, 100% of those who have attended the program indicate they would recommend it to someone with aphasia.

Who is Eligible?
We are recruiting 8 participants who:
- Have significant aphasia that affects participation in life activities
- Are age 18 or older
- Are at least 6 months after the onset of aphasia
- Speak English (therapy is in English)
- Are comfortable doing group activities
- Can participate in 8 hours of treatment and activities with breaks, 4 days each week for 5 weeks
- Can manage own personal care and medication or have a caregiver with them to assist
- Provide own transportation to and from the program in Charlestown
- Are not participating in other rehabilitation therapies during the program

This innovative, interprofessional Comprehensive Aphasia Program targets an individual’s life participation goals and operates according to the core values of the Life Participation Approach to Aphasia (LPAA).