



CAPE COD

**OUTPATIENT SERVICES**  
**PATIENT GENERAL HEALTH INFORMATION**

PATIENT GENERAL HEALTH INFORMATION

**PATIENT NAME:** \_\_\_\_\_

**DIAGNOSIS:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**REFERRING M.D.:** \_\_\_\_\_

What condition brings you to therapy (in your own words): \_\_\_\_\_

Have you been hospitalized for this condition? Yes \_\_\_\_\_ No \_\_\_\_\_ When: \_\_\_\_\_

How long have you had this condition? \_\_\_\_\_

Please list all injuries, accidents and/or bad falls related to your current condition: \_\_\_\_\_

Are you currently working? Yes \_\_\_\_\_ No \_\_\_\_\_

What is/was your occupation? \_\_\_\_\_

Please list medications you are currently taking (include over the counter medications): \_\_\_\_\_

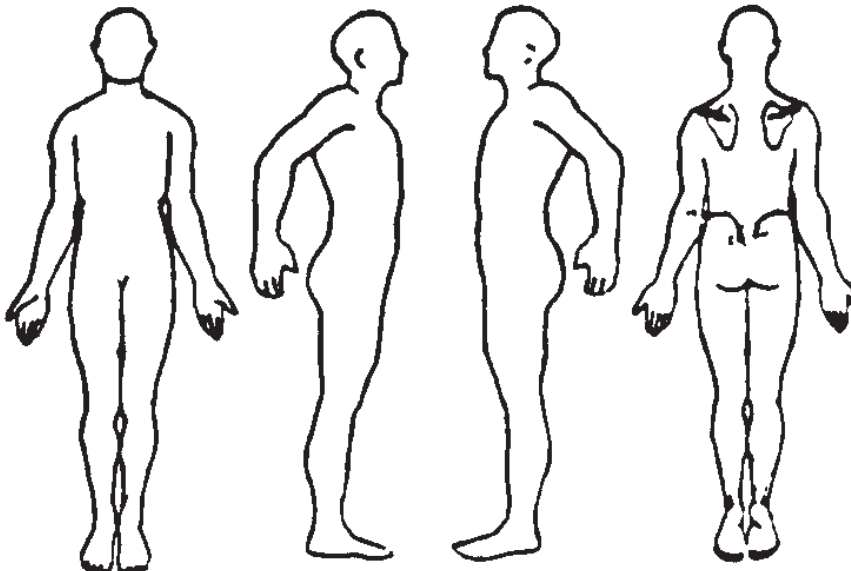
Do you have any drug allergies? \_\_\_\_\_

Do you currently (circle yes or no):

Smoke YES NO Amount: \_\_\_\_\_

Drink Alcohol YES NO Amount: \_\_\_\_\_

Please indicate the areas of pain by placing an "X" on the picture below.



(0=No Pain to 10=Unbearable Pain)

Rate your pain at its worst: \_\_\_\_\_

Rate your pain at its best: \_\_\_\_\_

When is the pain worst? (please check)  
Morning: \_\_\_ Midday: \_\_\_ Evening: \_\_\_

Does the pain interfere w/sleep?  
Yes \_\_\_\_\_ No \_\_\_\_\_

Does the pain interfere w/daily routine? Yes \_\_\_\_\_ No \_\_\_\_\_

What decreases the pain? \_\_\_\_\_

**PLEASE TURN OVER**

CAPE COD

**OUTPATIENT SERVICES  
PATIENT GENERAL HEALTH INFORMATION**

PATIENT GENERAL HEALTH INFORMATION

Describe your activity/exercise level (present): \_\_\_\_\_  
(past): \_\_\_\_\_

What activities are difficult for you because of the pain or medical condition (i.e., dressing, money, checkbook management, walking). \_\_\_\_\_  
\_\_\_\_\_

What are your goals/expectations for therapy? \_\_\_\_\_  
\_\_\_\_\_

Have you ever been diagnosed with any of the following conditions? (Please check all diagnoses applicable)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Heart Disease              | <input type="checkbox"/> Low Vision                | <input type="checkbox"/> Heartburn                   |
| <input type="checkbox"/> High Blood Pressure        | <input type="checkbox"/> Hearing Loss              | <input type="checkbox"/> Reflux                      |
| <input type="checkbox"/> Aneurysm                   | <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> Infectious Disease          |
| <input type="checkbox"/> Emphysema/COPD             | <input type="checkbox"/> Kidney Disease            | <input type="checkbox"/> Incontinence                |
| <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Allergies                   |
| <input type="checkbox"/> Osteoarthritis             | <input type="checkbox"/> Thyroid Problems          | <input type="checkbox"/> Psychiatric Diagnosis       |
| <input type="checkbox"/> Rheumatoid Arthritis       | <input type="checkbox"/> Stroke                    | <input type="checkbox"/> Depression                  |
| <input type="checkbox"/> Other Arthritic Conditions | <input type="checkbox"/> Seizure Disorder/Epilepsy | <input type="checkbox"/> Anxiety                     |
| <input type="checkbox"/> Lyme Disease               | <input type="checkbox"/> Vertigo/Balance Disorder  | <input type="checkbox"/> Chemical Dependency         |
| <input type="checkbox"/> Osteoporosis               | <input type="checkbox"/> Difficulty Swallowing     | <input type="checkbox"/> History of Learning Deficit |

Other: \_\_\_\_\_

Please indicate if you are currently pregnant:  Yes  No  N/A

Please list previous surgeries/procedures and approximate dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list any specialists you are seeing for this condition: \_\_\_\_\_  
\_\_\_\_\_

During the past month have you often been bothered by feeling down, depressed or hopeless?  Yes  No

During the past month have you been bothered by little interest or pleasure in doing things?  Yes  No

**Screening for Abuse and Neglect:**

Are you in a relationship in which another person tries to control you?  Yes  No  Unable to Respond

Has anyone physically harmed you in any way in the last 12 months?  Yes  No  Unable to Respond

Do you feel **UNSAFE** at home due to abuse and neglect?  Yes  No  Unable to Respond

Is there any other information you feel we should know? \_\_\_\_\_  
\_\_\_\_\_

Please sign below to confirm that:

- The above information is accurate to the best of your knowledge;
- You agree to notify this facility with any changes to your status as a patient at Spaulding Rehabilitation Hospital Cape Cod - Outpatient Program.

\_\_\_\_\_  
Patient Signature                      Date                      Time                      Therapist Signature                      Date                      Time