

Rehabilitation Philosophy

Spaulding Outpatient Center for Children prides itself on providing the highest quality of care for our patients. Our rehabilitation philosophy has been developed over the course of many years to maintain this quality. Our facility provides short-term rehabilitation and we are committed to improving the lives of our patients and families. Upon arrival to our facility, each child's functional skills are evaluated through standardized testing and caregiver interview. Based on this initial evaluation, clinicians work with the patients and their family to develop functional goals and an individualized treatment plan.

Family Centered Model: Spaulding Outpatient Center for Children promotes a family centered therapy model to ensure carryover and mastery of skills in all environments. The ability to provide consistent family education is the primary variant between the school-based treatment model and Spaulding Outpatient Center for Children's model. We believe that consistency in everyday activities is essential for success as we are only able to work with your family for a limited time. As a result, it is the responsibility of each family to participate in treatment and follow through with home education programs as they are instructed.

Attendance: In order to achieve goals established by clinicians and caregivers, it is imperative that children regularly attend treatment sessions as outlined in their plan of care. Although we realize there are legitimate reasons you may need to cancel an appointment, our main priority is providing consistent treatment. As a result, missed sessions may result in changes to your child's treatment schedule and possible discharge from therapy.

Therapeutic Breaks: As Spaulding Outpatient Center for Children is a short-term rehabilitation facility, we promote the use of strategic therapeutic breaks for patients with long-term needs regardless of diagnosis and/or prognosis. Based on the extensive experience of our specialized clinicians, these short breaks in treatment are beneficial in the rehabilitation process. For patients and families, it helps prevent burnout from the difficult task of participating in intensive treatment. For therapists, it allows them to view the patient with a new perspective from one course of therapy to another to ensure that treatment goals are as functional as possible. The decision regarding therapeutic breaks is made at the discretion of the treating clinician with input from the caretakers.

In order to ensure maximal gains in your child's therapy, we believe our rehabilitation philosophy of family centered care, consistent attendance and strategic breaks are important components for success. Consequently, failure to commit to our rehabilitation philosophy may result in changes to your child's plan of care, schedule or untimely discharge from treatment. We look forward to working together with you to ensure the best care for your child and family.