

Welcome!

Welcome to the Pediatric Feeding Evaluation & Treatment team at the Spaulding Lexington Outpatient Center! We are excited to offer your child a multi-disciplinary feeding evaluation focused on improving your child's mealtime success through food choice expansion, oral motor skill development, sensory-motor learning, and environmental modification. At the center of the process are you and your child. Parent/caregiver participation in feeding evaluations and any ongoing therapy is required for your child to meet his/her potential.

What should I bring to the Feeding Evaluation?

- 3 preferred foods (foods that your child currently eats and likes)
- 3 non-preferred or "goal" foods (foods that your child is not currently eating that you would like him/her to eat)
- A beverage
- Any special feeding equipment, cup, utensils that may improve participation.
- Past feeding evaluations, recent reports from G.I. or Dietician, as applicable.
- Preferred toy that may assist with transitions and/or participation, if applicable.

What happens if feeding therapy is recommended?

If feeding therapy is recommended, your therapist will recommend for you to schedule appointments with either an occupational or speech therapist depending on your child's needs. The front desk staff will contact you for availability and to schedule the recommended appointments.

If at any time you have questions or need to reschedule an appointment, please contact the front desk at 781-860-1742. We look forward to working with you!

Sincerely,

The Spaulding Lexington Staff