

## Program Outcomes: Stroke Specialty

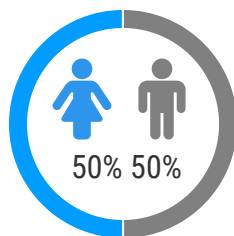
Helping our patients attain their greatest potential for independence

### Persons Served

Spaulding Cape Cod Rehabilitation Hospital collects and reports information on the results achieved by our stroke patients. This allows our staff to compare the functional improvement of SCC patients to similar patients across the region and nation.

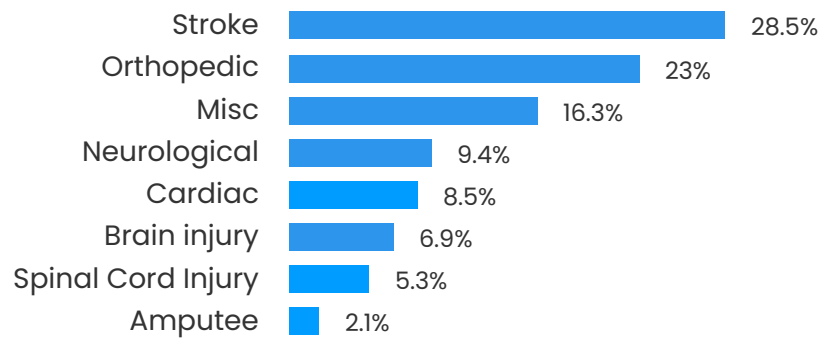
### 284 patients in 2021

2021	SCC	Region
Avg. Age	75	71
Avg. Length of Stay	18 days	16 days



### Patients Served by Diagnosis

Stroke specialty is the largest Rehabilitation Impairment Group SCC serves.



### Functional Improvement Quality Measures <sup>1</sup>

Multiple metrics are used to determine patient improvement throughout their inpatient stay. Patients are scored on their admission and again at discharge in the categories of Self-Care and Mobility, which includes multiple skills and abilities as shown in the graphic below. The improvements are measured by the change in score for both and can be compared with similar rehabilitation facilities. **Higher scores are better.**

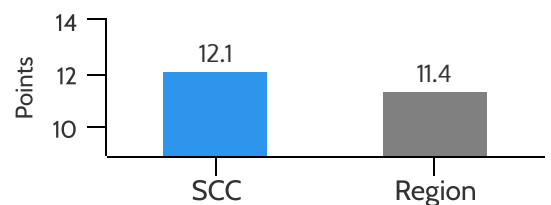
#### Self-Care

- Eating
- Oral hygiene
- Toilet hygiene
- Shower/bathe self
- Upper body dress
- Lower body dress
- Applying footwear

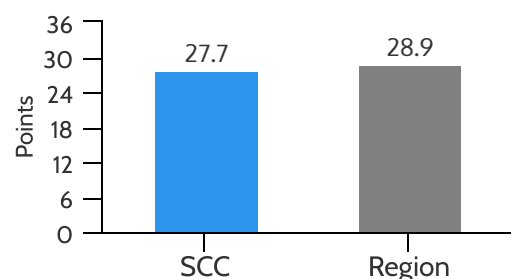
#### Mobility

- Rolling, lying down and sitting up in bed
- Sit to stand
- Transferring to and from bed and chair
- Transferring to and from toilet
- Transferring in and out of car
- Ambulation (walking)
- Climbing stairs
- Retrieval of item from ground
- Wheelchair mobility

#### Change in Self-Care Score



#### Change in Mobility Score

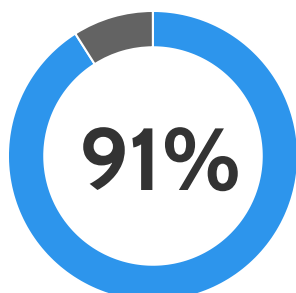


Therapy services are provided at a minimum of 15 hours per week (900 minutes over a rolling 7 day week from admission). All patients receive 24 hour physician & rehab nursing care.

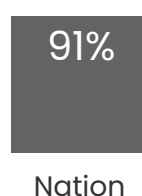
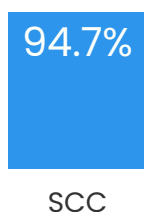
### Patient Experience <sup>2,3</sup>

At Spaulding Cape Cod satisfaction with your experience is a high priority. SCC seeks patient feedback to continually improve the patient experience. Patients are surveyed just after discharge and again at 90 days to find out how our patients are functioning after leaving SCC. **Higher scores are better.**

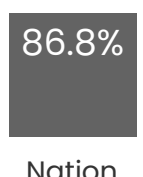
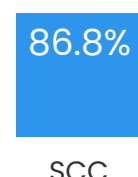
91% of patients would **highly recommend** Spaulding Cape Cod to friends and family.



Overall satisfaction at 90 days



The rehabilitation program prepared me for going home



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### Maintaining Your Improvement After Discharge

SCC compares functional performance at discharge from our facility to 90-days post-discharge to assess how our patients are functioning in their home environment. The following categories show SCC against national benchmarks. **Higher scores are more favorable.**

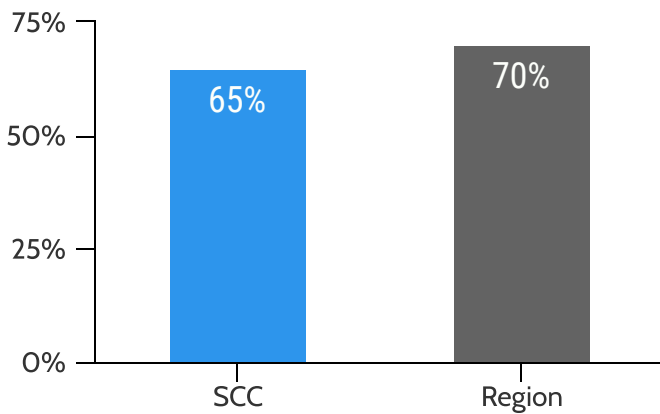


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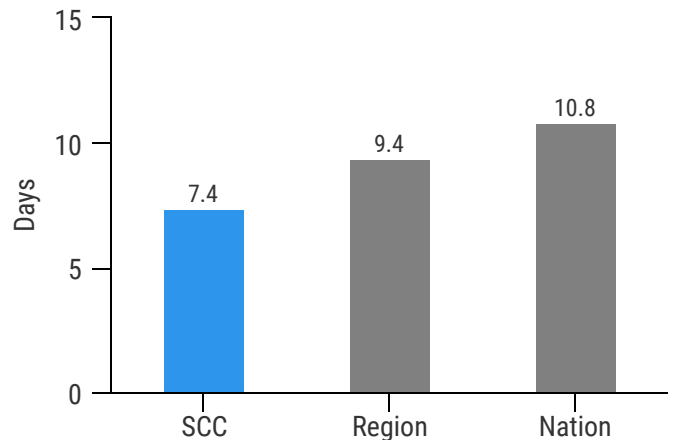
### Discharge to Home/Community

SCC discharges patients back to home at a rate comparable to other similar facilities in the the region.

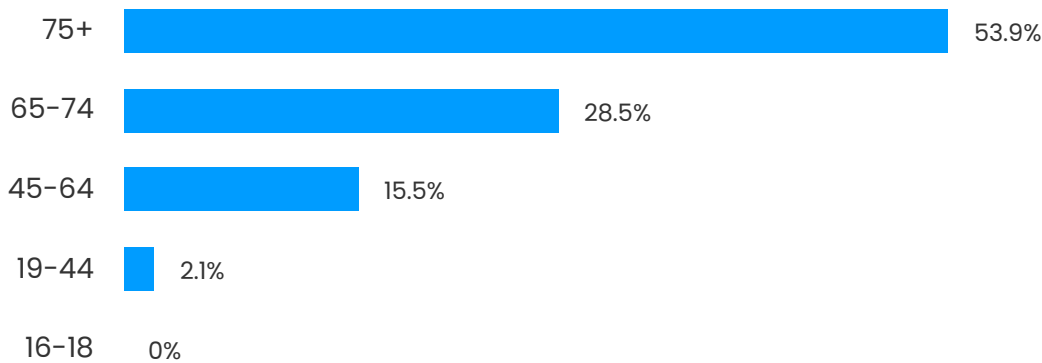


### Getting Started Sooner

SCC admits patients on average 2-3 days earlier from the initial diagnosis than the region/nation. This means you or your loved one can start rehabilitation and take advantage of this critical period for recovery.



### Age Groups Served



### Discharge to Acute Care

SCC discharges patients back to acute care at a rate comparable to other similar facilities in the the region.

