How to put on, use and take off a mask

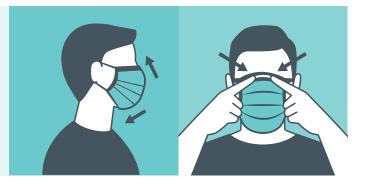
1. BEFORE PUTTING ON A MASK:

Clean hands with alcohol-based hand rub or soap and water.



2. WHEN PUTTING ON A MASK:

Cover mouth and nose with mask and adjust to limit gaps between your face and the mask.



3. WHILE USING THE MASK:

Avoid touching the mask; if you do, clean your hands with alcohol-based hand rub or soap and water.



4. TO REMOVE THE MASK:

Clean hands with alcohol-based hand rub or soap and water.

Then, remove it from behind. Do not touch the front of mask.

Again, clean hands with alcoholbased hand rub or soap and water.

