

The Dean Center for Tick Borne Illness

Lyme Disease Support Group



This group is drop-in style (no sign-ups required) and is open to anyone suffering from the effects of Lyme disease at any stage. Guided by a mental health counselor, this interactive group will serve as a place where patients can share experiences and offer support to one another. Although each meeting will feature a topic of interest, patients are welcome to share and discuss any issues relevant to coping with tick borne illness.

Friends and family of those suffering from Lyme disease are welcome.

WHERE

Spaulding Hospital Cambridge (Large Chapel Room)
1575 Cambridge Street, Cambridge, MA 02138

WHEN

7:00-8:30pm

Note: following the meeting, 8:30-9:00pm, there will be an optional experiential exercise consisting of expressive art therapy or meditation.

COST

FREE!

For questions contact: Kerry Lang - Klang8@partners.org

For more information call The Dean Center at 617.952.6220
or visit www.spauldingrehab.org/deancenter



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*MEETING DATES AND TOPICS

February 7th:

Maintaining relationships while sick with Lyme disease

February 21st:

Making career and employment decisions while chronically ill

March 7th:

How to decipher fact from fiction with Lyme disease

March 21th:

Laughs and humor with Lyme disease

April 4th:

Open Discussion with Friends & Family (*Feel free to bring a guest*)

April 18th:

Sharing our experiences with Integrative and Alternative Medicine

May 2nd:

Spreading Awareness of Lyme disease

May 23th:

Sharing Our Favorite Resources (*books, movies, websites, podcasts, etc.*)

June 6th:

Enjoying the outdoors again

**Cancellations due to weather or other circumstances will be posted on our Facebook page at least 2 hours prior to each meeting. Please see: www.facebook.com/deancenter or email klang8@partners.org to join our email list and receive updates on any changes made to this schedule.*