Parkinson’s Disease Program

Improve your function.
Improve your independence.
Improve your quality of life.
Find your strength.

The Spaulding Rehabilitation Network is anchored by Spaulding Rehabilitation Hospital Boston, which is nationally ranked by U.S. News & World Report, and is the official teaching hospital of the Harvard Medical School Department of Physical Medicine and Rehabilitation (PM&R).

Through our network, you have access to a full continuum of rehabilitative care, with 6 inpatient facilities and 23 outpatient centers, from Cape Ann to Cape Cod. Our mission is to provide exceptional clinical care, promote medical education and advance research.

The Spaulding network’s facilities are members of Partners HealthCare, founded by Massachusetts General Hospital and Brigham and Women’s Hospital. As part of Partners HealthCare, the knowledge and expertise of the entire system will be available to you and your caregivers. This continuum of superb healthcare ensures that you will always find the exact care you need throughout your journey and the strength you need to live your life to the fullest.

Learn more about our Parkinson’s Disease Program at www.spauldingnetwork.org
Expert rehabilitation helps patients be as active and independent as possible.

The Parkinson’s Disease Programs of the Spaulding Rehabilitation Network provide comprehensive inpatient services plus specialized outpatient programs to help people at every stage of the disease. Always, our goal is the same: to reduce symptoms, improve daily function and enhance quality of life.

Advances in understanding Parkinson’s disease, in medical interventions and in rehabilitation techniques mean new hope for our patients. Parkinson’s and related disorders are complex diseases. Our programs address every aspect of the disease, including medications, movement, self-care, cognitive and speech skills, and psychological and behavioral effects. Every patient is unique, so we customize treatments accordingly. We work closely with patients and their families and/or care partners to support maximum safety and independence.

It takes a team to fight Parkinson’s, so that’s what we provide.

The Spaulding Rehabilitation Network offers multiple levels of inpatient Parkinson’s services, so that we can assist patients at every stage. Program components may include:

- Comprehensive evaluation of the patient’s medical, functional and behavioral status
- 24-hour nursing care, with a focus on medication management
- Individual and/or group therapies focused on neuro-rehabilitation
- Nutrition counseling and support
- Advanced rehabilitation technologies
- Therapeutic recreation, including adaptive sports programs
- Brace and wheelchair clinics
- Education in fall prevention

Patients and their families/care partners become members of a team. Other team members may include physicians who specialize in neurology and/or rehabilitation medicine, nurses, pharmacists, physical and occupational therapists, speech/language pathologists, therapeutic recreation specialists, nutritionists, case managers, psychologists and social workers. Other specialists may join the team as needed. All our team members have specialty training and experience caring for patients with Parkinson’s disease.

Parkinson’s Outpatient Wellness Program

The Spaulding Outpatient Centers in Sandwich and Framingham conduct an evidence-based wellness program in conjunction with Boston University. The six-week program focuses on self-management exercises and strategies to improve strength, balance, mobility, posture and verbal communication. It’s hard work that delivers positive progress.

Spaulding Strength

The Parkinson’s Center for Comprehensive Care at Spaulding Rehabilitation Hospital Cape Cod follows a holistic, function-oriented approach, including: neurologic evaluation and treatment, intensive inpatient and outpatient rehabilitation services, wellness groups and adaptive sports.