As leaders in rehabilitative care, our Occupational Therapists (OTs) and Certified Hand Therapists (CHTs) use the latest techniques to treat a range of conditions, including:

- Tendonitis and Sprains
- Traumatic Injuries
- Fractures of the Hand and Arm
- Tendon and Nerve Repair
- Soft Tissue and Crush Injuries
- Repetitive Strain Injury
- Carpal Tunnel Syndrome
- Work-Related Injuries
- Sports Injuries
- Complex Regional Pain Syndrome
- Thoracic Outlet Syndrome

Whatever the issue, our therapists will work closely with you and your referring physician to coordinate a treatment plan designed to help you regain function, strength, range of motion and dexterity.

From splinting to post-surgical therapy, you’ll want the best rehab team for your care.

Find your strength.

At Spaulding Outpatient Centers, we provide expert care for individuals with hand and upper extremity injuries caused by overuse, trauma or surgery. Our primary goal is to help you achieve maximum recovery so you can get back to a full, productive lifestyle.

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Spaulding Outpatient Centers are staffed with experienced therapists who work with our patients and guide all the treatment they receive, including:

- Upper Extremity Assessment
- Custom Splinting
- Electrical Stimulation, Ultrasound
- Fluidotherapy, Whirlpool
- Edema Control
- Strengthening
- Scar Management
- Soft Tissue Mobilization
- Wound and Pin Care
- Sensory Re-education
- Adaptive Equipment Training
- Ergonomic Assessments

Hand Therapy programs are offered at these Spaulding Outpatient Centers:

**NORTH**
- Cape Ann
- Lynn
- Medford
- Middleton
- Peabody
- Salem

**CENTRAL BOSTON**
- Boston
- Cambridge
- Framingham
- Wellesley

**SOUTH**
- Braintree
- Orleans
- Plymouth
- Sandwich
- Yarmouth

If you’d like more information about our Hand Therapy programs, visit www.spauldingnetwork.org or call 1.888.SRN.4330 today.

The Spaulding Rehabilitation Network is anchored by Spaulding Rehabilitation Hospital Boston, which is nationally ranked by U.S. News & World Report, and is the official teaching hospital of the Harvard Medical School Department of Physical Medicine and Rehabilitation (PM&R).

The Spaulding network’s facilities are also members of Partners HealthCare, founded by Massachusetts General Hospital and Brigham and Women’s Hospital.