

Meet Our Outpatient Team



Tim Needham, PT
SITE MANAGER/PHYSICAL THERAPIST

EDUCATION: Quinnipiac University, Bachelor of Science in Physical Therapy; Institute of Orthopedic Manual Therapy, Clinical Residency
SPECIAL TRAINING/CERTIFICATION: Physical Therapist for Major League Soccer's New England Revolution
CLINICAL INTERESTS: Orthopedics, Sports Rehabilitation, Neck and Back Pain, Custom Orthotics



Carina J. O'Neill, DO
MEDICAL DIRECTOR, SPAULDING OUTPATIENT CENTER BRAINTREE

EDUCATION: Syracuse University, Bachelor of Science; Rowan School of Osteopathic Medicine, Medical School and Internship; Harvard Medical School, Residency
LICENSE: Doctor of Osteopathic Medicine
SPECIAL TRAINING/CERTIFICATION: Board Certified in Physical Medicine and Rehabilitation
CLINICAL INTERESTS: Back Pain, Muscular Pain, Neck Pain, Sciatica, Pregnancy and Post-Partum Pain, Sports Injuries



Jennifer Blake, PT, MS
PHYSICAL THERAPIST

EDUCATION: Simmons College, Bachelor of Science and Master of Science in Physical Therapy; Institute of Orthopedic Manual Therapy, One-year Residency
SPECIAL TRAINING/CERTIFICATION: Graston Certified, Women's Health Certification – APTA Levels 1 & 2 in Pelvic Health
CLINICAL INTERESTS: Orthopedics, Spine, Women's Health, Post-Surgical



Tracy Brudvig, DPT, PhD, OCS
PHYSICAL THERAPIST

EDUCATION: University of California at Irvine, Bachelor of Science in Biology; Temple University, Doctorate of Physical Therapy; Pennsylvania State University, Doctorate of Philosophy in Higher Education
SPECIAL TRAINING/CERTIFICATION: Orthopedic Clinical Specialist, Brazelton Neonatal Assessment, Neurodevelopmental Treatment and Pediatrics, Orthopedic Clinical Specialist, Fellow, Educational Leadership Institute of the APTA
CLINICAL INTERESTS: Orthopedics, Neurological Impairments, Pediatrics



Jill Butler, PT, DPT, NCS
PHYSICAL THERAPIST

EDUCATION: Simmons College, Bachelor of Science in Allied Health and Doctor of Physical Therapy
SPECIAL TRAINING/CERTIFICATION: Neurological Clinical Specialist
CLINICAL INTERESTS: Neurological diagnoses, Brain Injury, Stroke, Parkinson's Disease, Spinal Cord Injury, Cerebral Palsy, Multiple Sclerosis. Prevention and Management of Orthopedic conditions in the Performing Arts and Weightlifting Populations



Bridget Chin, MD, MA
MEDICAL ACUPUNCTURIST

EDUCATION: Boston University School of Medicine, Medical Doctor
SPECIAL TRAINING/CERTIFICATION: Harvard Medical School, Structural Acupuncture, Yamamoto New Scalp Acupuncture
CLINICAL INTERESTS: Stroke; Spinal Cord Injury, Back, Knee and Neck Pain; Chronic Pain; Stress Reduction; Headache and Migraine; PTSD; Osteoarthritis; Women's Health



Laura Foley, PT, DPT, CLT-LANA

PHYSICAL THERAPIST

EDUCATION: Boston College, Bachelor of Science in Biology; MGH Institute of Health Professions, Doctorate of Physical Therapy

SPECIAL TRAINING/CERTIFICATION: Lymphedema Therapy

CLINICAL INTERESTS: Musculoskeletal Injuries in Sports and Orthopedics, especially with women who are pre- and post-partum, Oncology Rehabilitation, Running Injuries, Live Long Walk Strong Program



Alex Howard, PT, DPT, CSCS

PHYSICAL THERAPIST

EDUCATION: Connecticut College, Bachelor of Arts in Dance and Biology; New York University, Doctor of Physical Therapy

SPECIAL TRAINING: Certified Strength and Conditioning Specialist, 200 HR Yoga Certification, Prenatal and Basic Mat Pilates

CLINICAL INTERESTS: Sports Rehab, Orthopedics, Performing Arts, Manual Therapy



Erin Krey, PT, MS

PHYSICAL THERAPIST

EDUCATION: Northeastern University, Bachelor of Rehabilitation Science and Master of Physical Therapy

CLINICAL INTERESTS: Live Long Walk Strong Program; Orthopedic Injuries, especially Cervical and Thoracic Spine; Sports Injuries



Meredith Malinn, PT, DPT

PHYSICAL THERAPIST

EDUCATION: University of Connecticut, Bachelor of Science in Allied Health Science;

MGH Institute of Health Professions, Doctor of Physical Therapy

CLINICAL INTERESTS: Orthopedics, Sports Related Injuries in Children and Adults



Jennifer Mazgelis, PT, DPT

PHYSICAL THERAPIST

EDUCATION: Brandeis University, Bachelor of Science in Biology; Boston University, Doctor of Physical Therapy

SPECIAL TRAINING/CERTIFICATION: The Performance Matrix

CLINICAL INTERESTS: Vestibular Rehab, Musculoskeletal Injuries, Orthopedics, Balance, Live Long Walk Strong Program, Concussions



Janice McGrail, PT, DPT

PHYSICAL THERAPIST

EDUCATION: Rutgers University, Bachelor of Science in Exercise Physiology; Boston University, Doctorate of Physical Therapy; Institute of Orthopedic Manual Therapy, One-year Residency

CLINICAL INTERESTS: Back and Neck Pain, Orthopedics, Gymnastics and Dance



Brendan O'Boyle, PT, DPT, OCS

PHYSICAL THERAPIST

EDUCATION: Northeastern University, Bachelor of Rehabilitation Science and Master of Physical Therapy;

MGH Institute of Health Professions, Doctor of Physical Therapy

SPECIAL TRAINING/CERTIFICATION: Orthopedic Clinical Specialist

CLINICAL INTERESTS: Orthopedic and Musculoskeletal Care, Sports Injuries in Children and Adults, Concussions, Manual Therapy

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Alice Richer, RD, MBA, LD

ADVANCED CERTIFIED FUNCTIONAL NUTRITIONIST

EDUCATION: University of Rhode Island, Bachelor of Science in Food and Nutrition;
Boston College, Master of Business Administration

LICENSES: Registered and Licensed Dietitian

SPECIAL TRAINING/CERTIFICATION: Advanced Certified Functional Nutritionist, Nutritionist for Major League Soccer's New England Revolution, Author of *Food Allergies* and Co-author of *Understanding the Antioxidant Controversy and Student's Guide to Health, Nutrition, and Physical Fitness, Volume 2*

CLINICAL INTERESTS: Sports Nutrition, Food Allergies, General Nutrition, Gastrointestinal Disorders, Micronutrient Testing, Metabolic Rate Testing



Donna VanHelene, MS, OTR/L

OCCUPATIONAL THERAPIST

EDUCATION: State University of New York at Binghamton, Bachelor of Arts in Psychology;
Tufts University, Master of Science in Occupational Therapy

SPECIAL TRAINING/CERTIFICATION: Osteoarthritis Management and Splinting, Adaptive Equipment Modification, Advanced Kinesiotaping Techniques, Driving Rehab Specialist, Certified in SAEBO

CLINICAL INTERESTS: Pre-driving Assessments, Hand Therapy, UE Splinting, Custom Silver Ring Splint Fabrication, Stroke Rehabilitation



Karen Weber, PT, OCS

CLINICAL SUPERVISOR/PHYSICAL THERAPIST

EDUCATION: College of the Holy Cross, Bachelor of Arts in Biology; Simmons College, Master of Science in Physical Therapy

SPECIAL TRAINING/CERTIFICATION: Orthopedic Clinical Specialist, American Heart Association CPR Instructor

CLINICAL INTERESTS: Shoulder and Lumbar Spine Injuries, Orthopedics, Lymphedema Management

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